

Your Company's Way to Wellness



Corporate Wellness is a Journey. Let BeneFITSM be your Guide.

Developed by the health innovators of Valley Preferred, BeneFIT provides worksite wellness solutions for companies that value healthier employees and enhanced productivity.

BeneFIT's team of Wellness Champions combines the expertise of Certified Health Education Specialists, clinicians, fitness and nutrition experts into custom wellness programs to energize employees, companies...and futures.

Get on Board with BeneFIT.

Now Available to ALL Companies in Eastern PA Regardless of Health Plan

BeneFIT Can Provide Your Company With Any or All of These Corporate Wellness Services:

- Initial Assessments
- Action Planning and Guidance
- Expert Wellness Consultation
- Population Needs Assessment
- Event Coordination
- Signature Health Fairs
- Biometric Screening and Assessments
- Onsite Health Demonstrations
- Seminars and Workshops with Expert Speakers
- Evaluation of Wellness Data
- Reporting of Outcomes and Measurables
- Personal Health Suite
- Online Wellness Assessment, Healthy Living Programs, Tools and Resources
- Preferred EAP (Employee Assistance Program)
- BeneFIT Toolkit



PLUS, by progressing toward standards for a true culture of wellness, your company may be eligible for recognition with the **BeneFIT Healthy Workplace Gold Award**.

For more information, and a no-obligation look at how Valley Preferred and BeneFIT can help your company on its Way to Wellness, please contact us at **610-969-0486; 1-800-955-6620**.

BeneFITSM
Your Wellness, Our Priority

Valley Preferred

 LEHIGH VALLEY HEALTH NETWORK

610-969-0486 1-800-955-6620 valleypreferred.com